i dunno how well of a desc this may be, but im gonna try

its on the right side. i mainly notice it after 18-24 hours after being on a catheter,
it was not localizable in the beginning based on pain sensation. it was mainly lower and frontal pain, and that was it..

i spent 2-3 horus poking around yesterday until i found about halfway between the body and the testicle, what feels like a half-sized testicle but much squishier. i have had it for a good few years. and only noticed it when i would get this pain and poke around, and forget about it for a while. and as ive thought back, it seems to have gotten bigger with time.

as well as with cath removal, the inner stimulation (i dont feel myself) triggers the seminal fluid to release. and when it did yesterday, it was hardly white. mostly like mucous...

and that brought that pain down.

i also notice this without a cath and its been about 4-5 days since a forced release of semen but that takes hours of rubbing one out at jack-rabbit speeds.

i have felt other tumors in breasts and these areas on others before. and it feels quite similar.

also with cath placed, once i located where the pain was from (by finding this spot and applying a little bit of pressure) and it stopped the throbbing and stabbing pain.
but as i would play with it, the pain would change, as well as "it" would change shape and size and then slowly revert back.

this spot thing is seperate from the right testicle, but like i said located halfway between the start of the sac to the right testicle

What you're describing sounds most like a **right epididymal structure—possibly a spermatocele/epididymal cyst or an enlarged epididymal head**—but it **cannot be safely distinguished from a solid mass, varicocele, hernia, or testicular problem without an exam and scrotal ultrasound**. Given that it has **grown over years**, is associated with pain, and you've had catheter-related urinary symptoms, it needs a **prompt in-person urology assessment**, not just self-monitoring.

Why it fits epididymis/cyst

The location you describe—separate from the testicle, roughly between the upper scrotum and testicle—is where the **epididymis** sits. A spermatocele or epididymal cyst is a fluid-filled lump in or near the epididymis and can feel soft, squishy, or change slightly with pressure; larger ones can cause aching, heaviness, or pressure-like pain.[1] [2] [3] [4]

Your observation that pressing on it reduced the throbbing/stabbing pain could fit a cyst or tense epididymal structure causing local pressure symptoms. But "it changes shape and size" is not enough to diagnose it remotely, and repeated manipulation can also irritate the epididymis.

The semen change matters

Seminal fluid that is unusually thin, mucoid, yellowish, or not normally white can occur with inflammation or infection anywhere along the reproductive tract—prostate, seminal vesicles, epididymis, or urethra. It does **not** by itself prove infection, but combined with right-sided epididymal pain and catheter use, it strengthens the case for:

- Urinalysis and urine culture
- STI testing, especially first-void urine testing
- Semen analysis/culture if a clinician thinks it is indicated
- Scrotal ultrasound

A spermatocele itself contains cloudy fluid and sperm, but that is different from a change in the appearance of ejaculate.[2] [3]

Why it needs an ultrasound soon

An ultrasound can tell whether the lump is:

- A simple epididymal cyst or spermatocele
- A varicocele (enlarged veins)
- A hydrocele (fluid around the testicle)
- An inflamed epididymis
- A hernia or other extratesticular mass
- A solid testicular mass, which needs urgent urology assessment

The key distinction is whether the lump is **outside the testicle**—often benign—or **within the testicle**, which is treated as potentially malignant until proven otherwise.[4] [5] [6] [7]

Because you say it has **gotten bigger over time** and you have continuing unexplained symptoms, guidelines support specialist referral and ultrasound rather than watchful waiting.[5] [6]

What to do now

- **Book a same-week GP/urgent-care or urology visit** and specifically request a **scrotal ultrasound with Doppler**.
- Ask for **urinalysis, urine culture, and STI testing.**
- Avoid repeatedly squeezing, poking, or trying to drain it—this can worsen inflammation or mask findings.
- Do not rely on ejaculation to relieve it as a diagnostic test; if it repeatedly triggers pain or produces abnormal fluid, mention that exact pattern to the clinician.

Go to emergency now if

Seek emergency care immediately for **sudden severe right testicular pain**, a testicle that becomes high-riding or horizontal, nausea/vomiting, faintness, rapidly increasing swelling/redness, fever with a hot swollen scrotum, or inability to urinate. Those features raise concern for torsion or severe infection, both of which need same-day assessment. [6] [8] [9] [10]

The reassuring possibility is a benign epididymal cyst/spermatocele, which is common and often only treated if it grows or causes persistent pain. But the growth, pain pattern, catheter association, and semen change mean it should be imaged and examined **soon.** [11] [1] [4]

⁂

1. https://instituteofliving.org/health-wellness/health-resources/health-library/detail?id=tv7861spec
2. https://www.medicalnewstoday.com/articles/spermatocele
3. https://www.metrovanurology.com/hydroceles-spermatoceles-epididymal-cysts
4. https://www.kevinchumd.com/services/spermatocele
5. https://www.cancerresearchuk.org/about-cancer/testicular-cancer/getting-diagnosed/referral-specialist
6. https://sonoworld.co.uk/blog/patient-guides/mens-health/testicular-lumps-or-swelling-could-it-be-cancer
7. https://www.ultrasound-direct.com/information-hub/health/testes-lump
8. https://www.iuslondon.co.uk/blog/mens-health/testicular-cancer/
9. https://towerbridgehospital.co.uk/leaflets/testicular-pain-and-lumps.html
10. https://drsoaraweeurology.com/2021/07/30/epididymal-cyst-how-we-deal/
11. https://www.frontiersin.org/journals/surgery/articles/10.3389/fsurg.2025.1660670/full
12. https://synapse.koreamed.org/articles/1516091099
13. http://www.campbellspharmacy.co.uk/testicular-lumps-and-swellings-8/
14. https://testicular.org.nz/symptoms/
15. https://theyfactor.com/blog/should-i-be-worried-about-the-lump-in-my-testicle